

A Tragedy Awaiting for you: Turn it into Blessing of Allah

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A true believer never gives up supplicating to his Lord and imploring Him for guidance and aid. Almighty Allah teaches us to call upon Him and seek His forgiveness all the time. In the Qur'an, Almighty Allah teaches us: **"Ask Allah of His bounty. Lo! Allah is ever Knower of all things."** (An-Nisa': 32) Also: **"And when My servant question thee concerning Me, then surely I am nigh. I answer the prayer of the suppliant when he crieth unto Me. So let them bear My call and let them trust in Me, in order that they may be led aright."** (Al-Baqarah: 186)

In His Hadith, the Prophet (peace and blessings be upon him) guides us to the importance of du`a' and says: "Du`a' is a weapon of a believer, a pillar of religion and a light of the heavens and the earth." The Prophet (peace and blessings be upon him) said: **"Should I guide you to what would protect you against your enemies and bring you provision?" Supplicate to Allah by day and night, for supplication is the weapon of a believer."**

In times of afflictions, hardship, and oppression, a Muslim is to resort to Allah and seek His help and be assured that Allah will answer his du`a' (supplication) and remove his hardship and lift the oppression. Almighty Allah says: **"Is not He (best) who answereth the wronged one when he crieth unto Him and removeth the evil, and hath made you viceroys of the earth? Is there any God beside Allah? Little do they reflect!"** (An-Naml: 62)

"Both al-Bukhari and Muslim reported in their *Sahihs* (Authentic Collections of Hadith) on the authority of Ibn `Abbas who said: The Prophet used to invoke Allah at the time of distress, saying, **"La ilaha illal-lahu al-`azim, al-halim, la ilaha illal-lahu rabbu-s-samawati wal-ard wa rabbu-l-`arsh il-`azim.** (There is no god but Allah, the Great, the Tolerant; there is no god but Allah, the Lord of the Magnificent Throne; there is no god but Allah, the Lord of the Heaven and the earth, the Lord of the Edifying Throne.)"

Anas reported that whenever the Prophet (peace and blessings be upon him) faced a distress, he would say: **"Ya hayyu ya qayyumu bi rahmatika astaghithu** [O the Ever-Living One, the Self-Subsisting Source of all beings, I invoke Your help]." (Reported by At-Tirmidhi)

Abu Bakrah (may Allah be pleased with him) reported that the Prophet (peace and blessings be upon him) said: "The supplication of a person in distress is to say: **Allahumma rahmatak arju fala takilni ila nafsi tarfata `aynin, wa aslih li sha'ni kullahu** (O Allah! I seek Your mercy; so don't abandon me to my own devices even for an instant; straighten out all my tangled affairs for me.)" (Reported by Abu Dawud)

Asma' bint `Umayy (may Allah be pleased with her) said: The Prophet (peace and blessings be upon him) said to me: "Shall I teach you some words to say at times of distress? (You should say:) **Allahu rabbi la ushriku bihi shay'an** (Allah is my Lord with Whom I associate nothing.)" In another version it is stated that this should be said seven times. (Reported by Abu Dawud and Ibn Majah with a good chain of transmission)

Ibn Mas`ud (may Allah be pleased with him) reported that the Prophet (peace and blessings be upon him) said: "If one is inflicted with catastrophe, hardship or grief, and then says, '**Allahumma inni `abduk, ibnu `abdika, ibnu amatika, nasiyati biyadika, madin fiyya hukmuka, `adlun fiyya qada'uka, as'aluka bikulli ismin huwa laka, sammayta bihi nafsaka, aw anzaltahu fi kitabika, aw `al-lamtahu ahadan min khalqika, aw ista'tharta bihi fi `ilmi al-qhaybi `indaka, an taj`ala al-qur'ana al-`azim rabi`a qalbi, wa nura basari, wa jila'a huzani, wa zahaba hammi** (O Allah, surely I am your servant and the son of your servant and the son of your bondwoman, my destiny is in Your hand. You are determined in judging me and Just in your decision about me. I beg of You with every Name of Yours with which You have named Yourself, or revealed in Your book, or taught to anyone of Your creatures, or kept secret exclusively to Yourself, (I beg You) to make the Qur'an the spring of my heart, the light of my sight, the relief of my grief and the eradication of my catastrophe)', then Allah will remove his grief and sadness and render it into happiness." (Reported by Ahmad and Ibn Hibban with an authentic chain of transmission)

Sa`d ibn Abi Waqqas narrated: The Prophet (peace and blessings of Allah be upon him) said: "The supplication of Dhan-Nun (Prophet Yunus [Jonah]), with which he invoked Allah while being in the belly of the whale, is: **La ilaha illa anta subhanak ini kuntu mina azh-zhalimin** [There is no God but You; Glory be to You, Verily I was one of the transgressors.]. No Muslim invokes Allah with this supplication for anything without his supplication being responded to."

Muslim (918) narrated that Umm Salamah (may Allaah be pleased with her) said: I heard the Messenger of Allaah (peace and blessings of Allaah be upon him) say: "There is no person who is faced with a calamity and says **Inna Lillaahi wa inna ilayhi raaji'oon, Allaahumma ujurni fi museebati w'ukhluf li khayran minha** (Truly, to Allaah we belong and truly, to Him we shall return; O Allaah, reward me in this calamity and compensate me with something better than it) but Allaah will reward him in his calamity and will compensate him with something better than that." She said: When Abu Salamah died, I said what the Messenger of Allaah (peace and blessings of Allaah be upon him) had commanded me, and Allaah compensated me with someone better than him: the Messenger of Allaah (peace and blessings of Allaah be upon him).

According to another report: when Abu Salamah died, I said: Who is better than Abu Salamah, the companion of the Messenger of Allaah (peace and blessings of Allaah be upon him)? But Allaah decreed that I should say it. Then I got married to the Messenger of Allaah (peace and blessings of Allaah be upon him).

We must sincerely pray to Allah Almighty to send down victory to the oppressed.